

YOUR SUCCESS  
PLAN

The Coach School

Workbook

ALLI WORTHINGTON

# Success Plan

The Coach School will teach you every system, secret, and strategy you need to create a six-figure coaching business. But this course will only change your life if you let it. You will need to commit to being all-in for all 12 weeks of The Coach School.

**What is your current commitment level to TCS? Are you all in?**

**What potential disruptions do you see to you being fully committed for all 12 weeks?**

**How will you overcome those disruptions?**

## YOUR SUCCESS PLAN

The Coach School curriculum will take hard work. And you're the only one who can do that work. And it will be worth it! Because at the end of The Coach School, you are going to have built a business that will help you do what you want most - to help change people's lives with your coaching and make money to help you achieve financial freedom.

**What do you hope The Coach School does for your business?**

**What issues are you currently facing in your business that you are hoping TCS will help you solve?**

# Here's your 8 part plan for success!

## ► 1. *Commit - Never miss a module.*

I want you to commit to do every module from start to finish. Every module is packed full of information and I guarantee that you will learn something in each one!

**How will you stay committed and never miss a module?**

## ► 2. *Schedule it.*

If you make a half-hearted plan to do your Coach School work, you will only get half the benefit. You are here to learn the skills you need to have an incredibly successful coaching business! And you will, but it has to begin with you scheduling the time to do it.

**When do you plan to do your 4-6 hours of Coach School work each week?**

Go ahead and schedule time for TCS for the next 12 weeks right now.

▶ *3. Trust the process.*

Every module, every training video, and workbook question is a building block that is preparing you to attract, sign, and keep clients. But we have to do it the right way, by building a solid foundation for your business first.

**Will it be hard for you to trust the process of building your business? What will you tell yourself when you want to skip ahead?**

▶ *4. Embrace your mastermind.*

I want you to embrace your mastermind group! You are journeying together. Communicate with them, lean on them for support, encourage them, and let them encourage you! When something doesn't make sense, when something seems too hard, or when you have a big win to share - let your first thought be to go to your mastermind.

**How do you feel about embracing your mastermind? What practical first steps will you take to begin building relationships with them?**

► *5. Workbooks are where the magic happens.*

Learning new information is great, but your future success in your business relies on you implementing what you learned. The workbooks are designed to help you do just that!

**Purchase these items:**

- Three-ring binder
- Divider tabs -- you'll need at least 12 tabs
- Three-hole punch

**Why is it important to you to not only learn the information but to also do the work? What outcome do you see if you complete all the work and transform your business over the next 12 weeks?**

► *6. Show up all the way for group coaching.*

I want you to come prepared for our group coaching questions with at least 2 questions. There's no such thing as a dumb question. In fact, if you're wondering it, someone else is probably wondering it too. So just ask!

**Brainstorm some questions you'd like to ask me in our first group coaching call.**

► *7. When you get stuck, ask for help.*

No one expects you to complete this course without needing encouragement and support from those around you. Everyone gets stuck or discouraged sometimes. When that time comes for you, I want you to ask for help.

**Are you able to ask for help when you need it? Why or why not? How will you ensure you ask for the help you need in TCS?**

► *8. Your goal is to finish, not to be perfect.*

Refer to answers from questions number 4-5 at the beginning of this workbook. Use your answers to complete this sentence.

**I will finish The Coach School so that I can...**

Congrats, you've just completed your first workbook! You've got a plan for success!

You are going to commit, schedule it, trust the process, embrace your mastermind, complete your workbooks because that's where the magic happens, show up for group coaching, ask for help when you get stuck, and meet your goal of finishing the course.

You can do this. You are already a coach. And I am going to teach you how to be successful at it! Meet me in Module 1:Gaining Clarity and let's get started!

# Notes

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# Wrap Up

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*Well done showing up! Here's your first wrap-up, which you'll find at the end of every module. Take a moment to reflect on all you learned and make notes about content to revisit later.*

My biggest takeaway from this module is . . .

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The changes I made based on this module that will help my business be successful are . . .

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Some things I learned in this module that I wasn't able to focus on right now but want to come back and work on later are . . .

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